The Greater Des Moines Water Trails and Greenways Plan establishes a regional vision for our rivers, creeks, and greenways. Through extensive community engagement, and with the help of a strong steering committee, a clear regional vision emerged.

**REGIONAL VISION**

The water trails and greenways of Greater Des Moines will be a natural haven, healthy ecosystem, signature recreational destination, economic driver, and community focal point that welcome people of all ages, abilities, interests, incomes, and cultures to connect with their rivers, creeks, and greenways.

**ISG’S PURPOSE**

This Phase I Regional Engineering Study builds upon the Des Moines Area Metropolitan Planning Organization’s Water Trails and Greenways Plan, completed in 2016. Using the suggestions and recommendations included in the original Plan, ISG developed conceptual designs and opinions of probable cost for the improvements along the region’s creeks and rivers. This study will assist municipalities and organizations in prioritizing projects, informing budget considerations, and building community support for implementation.
INTRODUCTION
The Des Moines Metro has been blessed with an abundance of natural resources. Rivers and creeks flow through our backyards and the hearts of our cities and towns. Healthy riparian corridors supply safe drinking water, protect communities from flooding, provide habitat for fish and other wildlife, support family-friendly recreation, and serve as local economic drivers. However, this value is often not recognized. The Greater Des Moines Water Trails and Greenways Plan seeks to change that by highlighting the significant opportunities provided by our rivers and creeks.

The following Phase 1 - Regional Engineering Study represents the next step in realizing the Plan’s vision. With the goal of providing communities an implementation strategy for the outlined improvements, ISG field-verified all of the identified amenities and developed site plans, conceptual renderings, preliminary opinion of probable cost and construction schedules, and potential permitting requirements for each recommendation.

This report provides community leaders with the information necessary to move forward with implementation and the process of reconnecting to this vital natural resource, our water.

MUSSEL SURVEYS AND PERMITS
At sites where there is a disturbance to the streambank or stream channel, a mussel survey will be completed, with few exceptions. This will be done with staff from IDNR and local stakeholders on a site specific basis, immediately preceding the start of construction. Optimal conditions for surveys are when water temperatures are above 50°F and during times of low flow. For sites with state listed species, coordination with IDNR will be done through environmental review as part of the joint application process and a letter of environmental review will be requested from the Director.

IOWA OUTDOOR RECREATION GENERATES

$8.7 BILLION IN ANNUAL CONSUMER SPENDING | 83,000 DIRECT JOBS
$2.7 BILLION WAGES + SALARIES | $649 MILLION STATE + LOCAL TAX REVENUE

Ground Truthing + Amenity Implementation

<table>
<thead>
<tr>
<th>ID</th>
<th>Amenity</th>
<th>Jurisdiction</th>
</tr>
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<tbody>
<tr>
<td>5</td>
<td>Camping</td>
<td>Polk County</td>
</tr>
<tr>
<td>7</td>
<td>Carry Down Access</td>
<td>Polk County</td>
</tr>
</tbody>
</table>
SITE 5: CAMPING

OVERVIEW
This site is located within Polk County Conservation’s Chichaqua Bottoms Greenbelt, a protected area spanning nearly 10 miles near the Skunk River, with existing amenities that include an extensive network of trails, hunting and fishing areas, restrooms, camping, and water access. To enhance the user experience, a series of five remote platform campsites is recommended. These proposed campsites are located within the park’s network of historic oxbows and only accessible by canoe and kayak. The proposed improvements benefit numerous user groups including: paddlers, anglers, and primitive campers.

OPINION OF PROBABLE COST

<table>
<thead>
<tr>
<th>COST ITEM</th>
<th>TOTAL AMOUNT</th>
</tr>
</thead>
<tbody>
<tr>
<td>Camping Sites - Platform</td>
<td>$129,660.00</td>
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<tr>
<td>Signage</td>
<td>$1,290.00</td>
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<tr>
<td>CONSTRUCTION COST</td>
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</tr>
<tr>
<td>Mobilization (5% Construction Costs)</td>
<td>$6,547.50</td>
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<tr>
<td>20% Contingency</td>
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<tr>
<td>Non-Construction Costs (15% Construction Costs)</td>
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PROJECT SCHEDULE

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<tr>
<th>MONTH 0</th>
<th>MONTH 1</th>
<th>MONTH 2</th>
<th>MONTH 3</th>
<th>MONTH 4</th>
<th>MONTH 5</th>
<th>MONTH 6</th>
<th>MONTH 7</th>
<th>MONTH 8</th>
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<tbody>
<tr>
<td>Project Kick-off</td>
<td>Site Review + Survey</td>
<td>Preliminary Design</td>
<td>Construction Documents</td>
<td>Iowa DNR Floodplain Permit</td>
<td>Bid Letting</td>
<td>Construction Kick-off</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
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SITE 5 CONCEPT SKETCH
SITE 7: CARRY DOWN ACCESS

OVERVIEW
Located within the Chichaqua Bottoms Greenbelt, this site currently provides canoe and kayak access to the Skunk River and primitive campsites for river users. The existing gravel access is in need of repair. The proposed improvements for this location include replacing the existing access with a concrete cast-in-place launch and adding on-water directional and interpretive signage. The proposed improvements benefit numerous user groups including paddlers and campers.

OPINION OF PROBABLE COST

<table>
<thead>
<tr>
<th>COST ITEM</th>
<th>TOTAL AMOUNT</th>
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</thead>
<tbody>
<tr>
<td>Carry Down Access - Cast-in-place</td>
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<td>Erosion + Sediment Control</td>
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<td>Signage</td>
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<td>Trail - Soft</td>
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<tr>
<td>Mobilization (5% Construction Costs)</td>
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<td>TOTAL PROJECT COST</td>
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</table>

PROJECT SCHEDULE

- **MONTH 0**: Project Kick-off
- **MONTH 1**: Site Review + Survey
- **MONTH 2**: Preliminary Design
- **MONTH 3**: Construction Documents
- **MONTH 4**: Iowa DNR Joint Permit
- **MONTH 5**: Bid Letting
- **MONTH 6**: Construction Kick-off

Permits Needed
- Iowa DNR Joint Application
- Polk County Floodplain Development Permit
OPINION OF PROBABLE COSTS
The following table shows the total opinion of probable costs to the impacted jurisdictions for the conceptual projects included in this Phase I Engineering Study for Skunk River and Chichaqua Bottoms.

<table>
<thead>
<tr>
<th>AMENITY OR PROJECT</th>
<th>OPINION OF PROBABLE COST</th>
</tr>
</thead>
<tbody>
<tr>
<td>POLK COUNTY</td>
<td></td>
</tr>
<tr>
<td>Site 5: Camping</td>
<td>$183,330.00</td>
</tr>
<tr>
<td>Site 7: Carry Down Access</td>
<td>$72,229.50</td>
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<tr>
<td>MUNICIPALITY TOTAL</td>
<td>$255,559.50</td>
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</table>
CURRENT AND FUTURE WATER QUALITY

Iowa’s water quality challenges have received much attention in recent years. From beach closings due to cyanobacteria to high nitrate levels in drinking water, addressing these challenges will take a collaborative approach amongst both urban and rural communities, a comprehensive long-term monitoring program, and dedicated funding. While progress is being made, the Greater Des Moines Water Trails and Greenways Plan proposes to increase recreation on our waterways, highlighting the need for more detailed study on the relationship between public health and water quality. Specific focus should be given to biological factors, such as bacteria, which are an issue of primary concern for urban rivers.

Currently in Polk County, there is a robust effort to monitor water quality conditions in regards to ecological, physical, and chemical properties, such as stream coverage, clarity, nitrate levels, and more. This is done through a network of 58 testing sites managed by Polk County Conservation’s Water Quality Monitoring Program, with staff and volunteers collecting data throughout the year and publishing it in an annual report. While there are a number of takeaways from this effort that we can learn from and build upon in developing more efficient testing for biological indicators, there are components that make this more complicated, and potentially groundbreaking, including:

1. Results are delayed due to the need for lab testing of biological assays. Real-time data is key to understanding trends occurring in our waterways.

2. Testing is a tricky thing to get right. Small deviations, such as location, can skew the results. For example, if water tested is stagnant or located near wildlife this can lead to results that are not consistent with the rest of the waterbody. The dynamic, and ever-changing, nature of riverine systems makes accurate testing more difficult, especially when coupled with delays in reporting for biological pollutants.

3. Currently, streams and rivers in Iowa are not being regularly tested for biological harms.

To overcome these barriers and provide accurate information for water trail users, a system of real-time bacteria monitoring for rivers and streams should be considered, done in collaboration with diverse stakeholders and across varying areas of expertise. Once a clear strategy is outlined, significant consideration should also be given to the housing and dissemination of this information, with public health as the main focus.

NOTE: A group of local stakeholders and technical experts have begun to look at this issue more comprehensively, with conversations ongoing as an implementation and funding strategy for area water trails is formalized.
NEXT STEPS
As stated in the introduction, the Phase I Engineering Study further develops concepts introduced by the MPO Water Trails and Greenways Plan. The information contained in this document will assist jurisdictions in formulating implementation strategies, provide stakeholder groups with conceptual designs to further planning efforts, and allow communities to generate excitement and momentum around the multiple benefits inherent in a regional water trails plan.

Each site has been assessed and designed to maximize the Des Moines metro area’s reconnection to the wondrous, yet often neglected, natural resources - our rivers and creeks. It is time we all “Rediscover our Rivers.”

FOR MORE INFORMATION
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OTHER REPORTS

- **North + Middle Rivers**
  - Phase I - Regional Engineering Study

- **Walnut Creek**
  - Phase I - Regional Engineering Study

- **Raccoon River**
  - Phase I - Regional Engineering Study

- **Fourmile + Mud Creek**
  - Phase I - Regional Engineering Study

- **Beaver Creek**
  - Phase I - Regional Engineering Study

- **Des Moines River**
  - Phase I - Regional Engineering Study